

The Coolest Thing about My Teacher

Essay for Red Belt 3rd Star Promotion Test

The coolest thing about Sabomnim is his personality. Sabomnim has a sense of humor that always cheers me up. He always finds a funny way to teach my fellow students and I the right way to do something, and the wrong way. Like the time someone was pushing their hips back when doing a deep squat. Sabomnim noticed and then showed us the difference between a “big chicken butt squat”, and the correct deep squat.

But he also knows when to get serious. I’ll never forget his quote, “We had a little joke time, but not it’s time to get serious.” Believe me, if you laugh too hard, too much at one thing for too long, you will get pushups. No more kidding around once jokes are over. I’ve been caught multiple times giggling during kicking practice. Push ups, push ups, push ups every time. Sabomnim will always catch you. Like I said, he knows when its time to get serious and learn.

Every day I leave Tae Kwon Do with sweat dripping down my forehead and a smile on my face. Sabomnim’s personality always shines through and makes me happy. Strict and firm at times, and kind and humorous at others; he always raises my spirits no matter how bad any day was.

Nicholas Ciulla (10 years old)

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