

POSITIVE THINGS ABOUT TAE KWON DO

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Blue Belt

To me, Tae Kwon Do is made up of positive things. Tae Kwon Do and positive things go together. The positive things about Tae Kwon Do help me succeed in life.

The most positive thing about Tae Kwon Do is our Sabomnim. He is the most encouraging and positive person I know. He also is very happy and always smiling. A couple months ago I was assigned to a special class called the Leadership Team. Since then, my Sabomnim has made me more confident than ever. My Sabomnim never gives up on me even if I am messing up a move. Even if I am really doing bad he keeps making me try it again.

Another thing that is positive about Tae Kwon Do is the confidence that I have achieved. Before I went to Tae Kwon Do I was shy, scrawny and weak. Now I am confident, a straight A student, a safety patrol at my school, and I owe it all to Tae Kwon Do.

An additional positive thing about Tae Kwon Do is all the friends I have made. When I started, I didn't know anybody; now I have made friends and I have a good time with them. Making friends is hard when you start something new. Once you make friends it helps going to Tae Kwon Do more fun.

Tae Kwon Do is so much fun and has so many positive things about it. I hope people will discover how much fun Tae Kwon Do is. Thank You.