

My Experience with Sabomnim In W. Kim

I have been studying martial arts for almost 20 years. The biggest key to success is finding the correct instructor. A teacher who can clearly express to his students the correct technical aspects of the art while making it easy to understand. Master Kim is that instructor. He has the understanding and experience in the physical aspects of the art as well as the mental. His junior programs are a model for all martial arts schools. Fun, fitness and the development of confidence in the children. The young students are getting the best instruction available and have many opportunities to further their involvement in martial arts. As an adult, Master Kim's classes are great for keeping in shape but, he has not lost the real foundations of the art. The classes incorporate proper technique, physical conditioning, mental conditioning and he provides his perspective and life experiences in teaching the "way" of martial arts.

I personally travel 35 miles, each way, to attend Master Kim's classes. Why travel so far when I pass so many martial arts studios along the way? Because, he is simply the best. I have great respect for Master Kim and the training facility he has created. The attitude at the Do Jang is correct. It is a blend of the traditional Korean martial arts philosophy tailored to the western students. Keeping the essential elements of the art while making it more appealing to a wide audience here in the United States.

If you are considering a martial arts school or are currently a student of the art please, do yourself a favor and visit the studio and talk to Master Kim. If you experience just one class, I think you will see why this academy is different from the rest and a perfect place for you to become an active member.

Thank you Master Kim for being a mentor to me on my journey. I feel privileged to be one of your students.

Sincerely,

Shane Gillespie