



IWKMA

Authentic Martial Arts

Traditional Martial Arts Since 1974
 3519 Bell Shoals Road Valrico, FL 33596 phone (813) 651-2234

TAE KWON DO / HAP KI DO / BJJ
 MUYEKHAN (Combat mixed martial arts)
www.TKDicandoit.com www.Myhapkido.com

CLASS SCHEDULE

- # 1 ----- White, Yellow, Orange (**ages 4 & 5**)
- # 3 ----- White, Yellow and Orange Belts (**ages 6 to 12**)
- # 4 ----- Green to Black Belts (ages 7 to 12)
- # 7 ----- **Adults** Mudo Tae Kwon Do (ages 13 and up)
- # **Children Hapkido: Ages 7 to 12 (TKD Purple belts and above)**
- # **RBS** ----- Children Red, Jr. BLK and Black Belts only.
- # **Elite Team** -----Advanced martial arts class (TKD / Hapkido / Jiu Jitsu)
- # **Muyekhan** ----- Hybrid mixed martial arts (Invitations only)
- # **Gumdo** ----- Korean Swordsmanship # **BJJ**—Brazilian Jiu-Jiustu

TIME	DAY	MON	TUE	WED	THU	FRI	SAT
8: 00 --- 8: 50 am							Gumdo
9: 00 --- 9: 50			<i>Private Class</i>				# 7
10: 00 ---10:50							<i>Hapkido</i>
11: 00 –11: 50							# 3 & # 4
12: 00 – 12: 30 pm							# 1
3: 30 -- 4: 00			# 1	# 1	# 1		Muyekhan
4: 10 --- 4: 55		# 3	# 4	# 3	# 4		
5:00 --- 5: 45		# 4	# 3	# 4	# 3	Master Class	1:00 – 2:00pm
5: 50 --- 6: 35		<i>Elite team</i>	# 3 & # 4	RBS Class	# 3 & # 4	# 3 & # 4	
6: 40 --- 7: 25		# 3 & # 4	BJJ	# 3 & # 4	Children Hapkido	Staff Training	
7: 30 --- 8: 25		# 7	Hapkido	# 7	Hapkido	# 7	
8: 30 --- 9: 30		Hapkido Private		Hapkido Private			

❖ Please check your e-mail for our monthly newsletter and update notices.

❖ **Schedule effective Oct 16th, 2018'**

DISCOVER THE POWER OF A POSITIVE LIFE